

## Information on Immunization for Travellers

### **Planning a Trip?**

Everyone knows that planning a trip abroad involves a passport, traveller's cheques and a suitcase full of proper clothing.

But there is another important component that all too often is left to the last minute or not obtained at all... **IMMUNIZATION AND HEALTH INFORMATION.**

Talk to us about the immunizations that may be required for your trip, and learn about travel precautions. A little prevention goes a long way!

### TRAVEL SERVICES WE OFFER

#### *Traveller Immunizations against...*

- |                |                         |
|----------------|-------------------------|
| * Yellow Fever | * Hepatitis A           |
| * Tetanus      | * Hepatitis B           |
| * Diphtheria   | * Influenza             |
| * Polio        | * Meningococcal         |
| * Measles      | * Rabies                |
| * Mumps        | * Japanese Encephalitis |
| * Rubella      | * Others                |
| * Typhoid      |                         |



#### *We also offer travel counselling on the following topics...*

- Food and water safety
- Malaria risk by country with recommended medications
- Sun safety
- Traveller's Diarrhea
- Mosquito precautions
- Personal medication
- Travel websites
- Travelling with children
- Travelling during pregnancy
- Information about your destination

#### *More Information about our travel Clinic...*

- Travel clinics are held once a week
- Appointments are necessary and should be booked at least 6 weeks prior to departure.
- We are a Designated Yellow Fever Center.
- All services are provided by Public Health Nurses experienced in travel health.

- We rely on current information from the World Health Organization (WHO), Health Canada, Canadian Immunization Guide, Center of Disease Control and a number of other disease-specific or location-specific online resources.
- Some vaccinations may require a series of injections; therefore we recommend you book well in advance of your departure.
- Costs are associate with some vaccines and are the responsibility of the traveler, others are ministry funded
- Payment method is by cash or debit ONLY.

***How can you help?***

- Have your immunization record with you for your booked appointment.
- Be on time for your appointment to allow time for questions.

Contact your local Travel Clinic Site today and book your appointment!

**NORTH BAY**

681 Commercial Street

To book your appointment call:

1-800-563-2808 ext. 2551 OR (705) 474-1400 ext. 2551

By email: [nurses@nbdhu.on.ca](mailto:nurses@nbdhu.on.ca)

**PARRY SOUND**

70 Joseph Street

To book your appointment call:

1-800-563-2808 ext. 3215 **OR** (705) 746-5801 ext. 3215

By email: [nurses@nbdhu.on.ca](mailto:nurses@nbdhu.on.ca)

**BURK'S FALLS**

17 Copeland Street

To book your appointment call:

1-800-563-2808 ext. 3215 **OR** (705) 474-1400 ext. 3215

By email: [nurses@nbdhu.on.ca](mailto:nurses@nbdhu.on.ca)

