

Beauty Treatment

Things to know before your next beauty treatment.



Aesthetic services and spa treatments are gaining in popularity and are no longer considered only a luxury. The services may include:

- Facial or body waxing hair removal, or wax treatments.
- Facial treatments and body wraps/soaks using different cleansers and lotions.
- Cosmetic application.
- Electrolysis.

There are risks associated with these services. Some of these risks can include bacterial, viral and fungal infections if the beautician is not using good infection-control practices.

Things to Look For

Upon entering the salon/spa:

- Does it appear clean?
- Is the area free of dust or items from the previous client?
- Are they just quickly cleaning up around you before starting?
- If it looks “messy” and unorganized, this may be a sign of poor infection control practices.

Before beginning your treatment:

- Has the Personal Service Worker washed his or her hands?
- Have all the tools being used for your treatment (for example, tweezers, tools for extractions, tubes and brushes) been properly cleaned, disinfected or sterilized?
- As the Personal Service Worker how these tools were cleaned, disinfected, sterilized.

During your treatment:

- If a needle or blade is going to be used during your treatment, ask if it is pre-packaged or has been sterilized.
- You can even ask them to open it in front of you.
- Single use, disposable items must be used where possible (for example, sponges, wooden spatulas/sticks, cotton swabs, tissues). These items must not be reused.
- Make sure during waxing, makeup application or removal of lotion/cream from one common container, that the Personal Service Worker uses a spatula stick, or swab only once, and then throws it away.
- The main rule of thumb to remember is, watch, and ask to make sure there is “**NO DOUBLE DIPPING**”!!!



North Bay Parry Sound District
Health Unit

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or call the Environmental Health Program
at 1-800-563-2808 ext. 2400

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